

Packing List (D-Supplies for Injections)

✓	Item	Quantity*
	Low treatment: candy	
	Low treatment: liquid (ex. juice)	
	Snacks	
	Medical ID (bracelet, tag, etc)	
	Insulin: Long- or Intermediate-acting	
	Insulin: Rapid-Acting	
	Backup insulin (both types)	
	Insulin Pen and Tips (or Syringes)	
	Rescue Glucagon	
	Monitor and lancing device	
	Extra Monitor	
	Test Strips	
	Lancets	
	Extra batteries for monitor	
	Hand Wipes or Alcohol swabs <i>(for finger pokes, when water is not available)</i>	
	Blood Ketone Test Monitor	
	Blood and/or Urine Ketone test strips	
	Medication for nausea and/or diarrhea	
	Contact Info for doctor/Diabetes Clinic	
	Current Prescription for Diabetes Supplies	
	Letter from doctor confirming your child has diabetes	
	Written list of insulin doses	
	Blood Glucose Log Sheet	
	Light (for night-time checks)	
	First aid kit (essentials)	

* Quantity to bring of each item
 = (# typically used in a day) x (# of days away) x 2